

Bhaikaka University

Diploma and Certificate Courses in Yoga



विद्या विमुक्तिदायिनी
**Bhaikaka
University**

About BHAIKAKA University:

Formerly, the H.M. Patel Centre for Medical Care and Education, the Bhaikaka University is a promising destination for all students aspiring for a career in healthcare. Spread over 100 acres in Karamsad, the university is managed by Charutar Arogya Mandal and was conferred the status of a private university on September 25, 2019. NABH-accredited multi-specialty tertiary care Shree Krishna Hospital having a capacity of over 900 bed is affiliated to the University which offers opportunities for bright academic prospects through a spectrum of courses in healthcare.

Courses offered by the constituent institutions under the university:

- Pramukhswami Medical College: MBBS and Postgraduate courses
- H. M. Patel Institute of Post Graduate Studies: Postgraduate courses and Ph.D in various disciplines.
- Shri G. H. Patel School & College of Nursing offering Diploma in General Nursing & Mid-wifery, and B.Sc in Nursing respectively.
- Shri K. M. Patel Institute of Physiotherapy: Bachelors, Masters and Certificate course in Physiotherapy.
- Smt. L. P. Patel Institute of Medical Laboratory Technology: Diploma and M.Sc (Medical Laboratory Technology) courses.
- CAM Institute of Medical Technology & Allied Health Sciences: Under graduate & Post graduate courses.

Yoga Class : Weekly twice, 4.00 to 6.00 pm

Place : Campus of Bhaikaka University, Karamsad.

| Diploma in Yoga | Certificate Course in Yoga |
|---|---|
| Eligibility | |
| 10+2 pass from a recognized Board or its equivalent body. | 10 pass from a recognized Board or its equivalent body. |
| No age limit. | No age limit. |
| Students should be physically fit. | Students should be physically fit. |
| Course Duration | |
| 12 Months | 04 Months |
| Course Fees | |
| Rs.2000/- For Students | Rs.1500/- For Students |
| Rs.3000/- For Non-Students | Rs.2000/- For Non-Students |
| Course fees (including examination fee of Rs.500/-) | |
| Syllabus | |
| Yoga science | Introduction to Yoga and yogic practices |
| Human body Science | Introduction to Yoga |
| Practice of Yoga, Pranayama, Yogik Kriyas etc. | Ashtanga yoga |
| Ayurveda and Naturopathy | Importance of Yoga for Physical and Mental Health |

How to Apply

- By the filling application form available with the Department of Community Medicine, Pramukhswami Medical College, Shree Krishna Hospital, Karamsad, Gujarat on payment of Rs. 100 by cash.

OR

- By filling the application form after downloading it from www.bhaikakauniv.edu.in and sending scanned copy by email to info@charutarhealth.org.

OR

- For online application (fill the GOOGLE FORM)
- For online submission to pay Rs. 100 as application form through NEFT/ RTGS. Please find below the bank details:

| Bank details, for online fees payment | |
|---------------------------------------|---------------------|
| Bank Name | AXIS Bank |
| Account Name | Bhaikaka University |
| Account Number | 919020095966727 |
| IFSC Code | UTIB0000038 |
| Branch Code | 038 |
| Branch | Vallabh Vidyanagar |
| Type of A/C | Current A/C |

OR

Payment by Demand Draft in the Name of
'Registrar, Bhaikaka University, Karamsad'



Bhaikaka University, Gokal Nagar, Karamsad - 388 325
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